

September 2013

Caller: John Marus (johnmarus@cox.net) President: Dana McCrary (619-465-9205, Mccdnlyn@cox.net), Vice President: Chris Davis (619-434-1993, *cdavisinsv@gmail.com*)

PRESIDENT'S TWO CENTS

Hot Weather Dancing

I extend a big thank you to all dancers who have supported our dances as well as other clubs during the heat spell. Please keep in mind that dancing is OK but drink lots of water and sit out a tip here and there if you feel you are getting too warm. Dance safe everyone.

Alpine Squares ~ Back Country Association

A certificate was presented to them when they went to do a demonstration recently – on it was great news! The hospital did a re-audit of what the Back Country has given them over the 29 years. It was a much greater dollar amount than they thought – over \$50,000. They were thanked profusely for their time and donations to Rady's Children's Bernardy Center.

Back Country thanks ALL dancers who have contributed to their Sock Hop, food donations, and silent auction items. Keep in mind their Sock Hop will again be on the 2nd Saturday in December – December 14. Pre-rounds will start at 6:00 pm, and squares at 7:00 pm.

SINGLE SPINNERS CLASS

Our square dance class has reached the milestone of completing the Basic program of square dance of calls. John will now start teaching the Mainstream program of calls plus variations of calls already taught.

Now is a good time to invite former club and former class members to rejoin the world of square dancing.

Square Dancing has dropped off in recent years and needs a boost to restore our clubs back to a healthy life. All clubs do better if the dance attendance is up. The fun and friendship experienced at a large dance is always better than at a club with a small group in attendance. Help our clubs grow.

BLOOD BANK CONTRIBUTIONS ~

The San Diego Square Dance Association sponsors a blood bank program along with the San Diego Blood Bank where members of square dance, round dance, clogging and contra dance groups may draw blood units if the need arises at no cost.

If you are able to donate blood, you must give the blood bank our code number before donating identifying t he correct account. Our code is DB1.

MEMBERSHIP DUES ARE DUE

Membership cards were included with the June newsletter; please return them as soon as possible. (Insurance information has to be turned in to SDSDA by Oct. 15, so we can be covered for our New Years Eve Dance. We are currently covered until midnight – but we dance until 12:30 a.m., and that last half hour is in 2014)

Dues \$5.00 per person Insurance \$5.00 per person Newsletter \$7.00 per household (unless it is sent electronically)

HAPPY DANCING DANA

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Anniversary Travels:

Homespun News

Flying A's Anniversary is September 14^{th} @ the Park Club Plus Level

Recommended Travel September Round Up: September 21st

Upcoming Official Travels:

Round-Up September 21st Caller : Romney Tannehill Cuer: Regina Aubrey Train Day Afternoon: Advanced 3:15 – 5:15 pm Pre Rounds: 7 – 7:30pm Squares & Rounds 7:30– 9:45 pm

Dennis Lynn & Freya Peterson Travel Chair

Websites

INFORMATIONAL WEBSITES:

Most of the websites have links to dancing in other local tins, including overseas, and is available via our website's "links" feature.

singlespinners.sdsda.org/ www.sdsda.org www.PalomarSDA.org www.backcountrysda.com www.squaredance.org www.61nsdc.com - Spokane www.NSDCNEC.org www.wheresthedance.com/ www.facebook.com/singlespinners

2013 additional forms & Information www.squaredance.org/2013

2013GeneralChair@squaredan ce.org

VICE-PRESIDENT'S COMMENTS

Welcome back to the East Coast Chris! At least that is what it has felt like the last couple of weeks (I am back in San Diego, right?).

Seriously though, congratulations go out to one-time Single Spinners members LPaul and Sally Schmidt. This coming weekend these two great folks are going to be installed as your new California Square Dance Council Presidents. Some would be upset if I didn't mention that at the same meeting in Sacramento, yours truly will be installed as the Councils new historian (good thing LPaul, Sally and I get along so well. We'll be seeing a lot of each other the next few years).

Locally, it is time to start thinking of Fiesta! For those that are new to square dancing, Fiesta is a three-day festival (Nov. 1-3) in Balboa Park. Friday night (Nov. 1) there will be a new dancer dance within the entire festival. The lineup of callers is a good one (personally, I think it is one of the best in about four or five years) with Bob Baier from Texas and two California callers. The homestaters are Eric Henerlau from Corte Medera (Northern portion of the Bay Area) and a caller that will have to travel soooooo far from home that he might not be able to get home within 15 minutes... Of course I am joking, it is Andy Allemao from Chula Vista. With Andy being one of the "feature" callers, it is the first time in many years that a local caller will be one of the feature callers. This is the way Fiesta used to be, prior to the late 90's all the callers were local callers.

Class is moving along nicely and we are in mainstream now, so if anyone knows of any retreads that want to get back into square dancing, now would be a great time for them to come back and join the class. We could always use more help in the early portion of the night if you can make it.

Finally, I'd like to thank everyone for their kind thoughts and prayers for my mom after her surgical procedure last week. She is back to normal and even came to a ballgame with me last weekend. Glad you're better mom! The Doctors are saying that the procedure was such a success that she probably won't need it again for several years (Thank goodness!).

As always, if you have any questions, comments, concerns things you wouldn't dare tell your psychiatrist but would gladly share with me... I'm at 99% of the dances! Chris Davis

CALLER'S CORNER

Greetings to you all! It has been quite a while since I wrote an article for this newsletter, but I finally got around to getting one out.

I hope you are getting to know our newer dancers who come during our 6:30 time. These are our future club dancers (hopefully, if they choose to join us). Please make them feel welcome. I already see this happening but I thought I would mention it outright. Thanks for being the friendly, accepting people that you are!

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Speaking of our new dancer group, we are currently progressing through the Mainstream Program. It won't be long, probably sometime in October, when we will be starting the Plus Program. If you or someone you know would like more practice in the Plus calls, or would like further instruction, please invite them (or yourself) out.

Several new dancer programs are starting this month. **Even though our club is not among them at this time**,

please give them whatever support you can. If you know of someone you would like to take dancing, don't wait for March. Go ahead and take them to a current class.

Dances of note for this month:

- September 7 Back Country Association's Quarterly Dance at College Center Covenant Church, 4463 College Avenue, San Diego. Callers will be Jimmy Akin, Dick Neumann, and John Marus, with rounds by Milton Alexander. Alternating Mainstream and Plus tips. Check fliers for times.
- September 28 San Diego Callers Association's Fun Dance also at College Center Covenant Church. Callers will be Andy Allemao, Dick Neumann, and John Marus. This dance is at the Basic Program, so ALL of our dancers can attend. 7:00-9:30.

Homespun News

- Anyone want to go to dinner?
- October 5 San Diego Callers Association Special Dance at the War Memorial Building. 7:00-9:30. Alternating Mainstream and Plus tips. No rounds.

That's all for this month. Take care everyone! Until next time...

John

I hope everyone has a great month! Until next time...

John

DO YOU WANT TO LEARN HOW TO ROUND DANCE?

San Diego Round Dance Instructors – brand new website: rounddance.org

AROUND SPIDEY'S WEB

If you have anything you want in this fine publication, just give it to Lynn Davis at a dance (deadline is the last dance of each month, and IF SPACE

PERMITS, it will be included in the next issue) or you can e-mail it to: <u>lynndavis542@cox.net</u>

Beth's Birthday Party

A group of Single Spinners attended Beth Guerrero's birthday party at her daughter's house in Mira Mesa on Sunday, August 25th. We had a great time. Beth's family, kids, grandkids and puppy dogs welcomed us to their home. We enjoyed sitting in the shade on a beautiful sunny day, chatting with friends and singing "Happy Birthday" to Beth. Their backyard was very nice, with a water fountain and a big barbeque. We ate a lot of barbequed chicken and Lumpia (yummy!). We certainly had enough room to have a bit of square dancing, too, but needed a few more people for a square. I hope some of you can come next time, and we can dance a little. Thank you, Beth, for inviting us to your party, and Happy Birthday!!!

Dennis and Freya

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Party Central

September

Starts off on the 7th with BCSDA's quarterly dance with John Marus and Friends. September 10th is our all sports Tailgate party so you can wear a shirt from your favorite sport!! Our Birthday night will be on the 24th, with the Class level dance on the 28th.

Mark these dates on your calendars as you mark all the Round Ups and party nights for the other clubs.

I hope to see you in a square at all of these dances. Just be sure to wear your Spinner Smile!!

So... mark them on your calendars and enjoy the dancing

See You in a square Jane Marus

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Building and Maintaining a Square Dance Group (or any group)

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The member of any group is an ambassador for that group. It behooves each of to treat each member with respect.

A group grows and attracts new members when the culture of a group is welcoming, kind, and supportive.

People leave a group when they feel disrespected, or treated in a condescending manner.

Sometimes those actions are overt and sometimes they are subtle.

Group building and maintenance is an art. Civility is the main criteria.

Continually telling a member that they made a mistake is not an effective group building skill.

The person doing the critiquing may think they are being helpful, but they are not. Members of any group want respect and inclusion. We want to laugh and have fun. We all make mistakes from time to time. The world hasn't come to an end.

We all learn at our own speed and let's face it; we adults just want to enjoy ourselves, don't we?

We're retired for the most part and this is not a job. It is re-creation and re-newal for our spirits,

Respect builds and maintains groups. Disrespect tears down and destroys groups. Margaret Momparler

While packing a few personal items inadvertently left be

hind by my boss (and dear friend) who was a recent victim of the lay-offs spurred by our economic times, strangely my thoughts turned to the healing power of square dancing.

I stood in that now-empty office and fought back tears of sadness for several dear coworkers with whom I would probably lose contact. I thought of so many other companies in so many other states also making "tough decisions" effecting hundreds of thousands of people across our nation, all of whom need Yellow Rocks, for sure.

Everyone needs a Yellow Rock on occasion. Although I love Yellow Rocks, what I needed at that moment was an Allemande Left (or two or three!) in the worst way. I needed to whoop and holler and just leter-rip with a really big Allemande Left, knowing that the security of home was a short promenade away.

I love the crescendo to Allemande Left in a good patter call. You can feel the excitement in the buildup, just teasing you over and over until, BAM!, there it is, ALLEMANDE LEFT! Allemande Left means you're going home. Home position is where everything is proper and fitting, where there are no friends departing in tears, no family members suffering with illness, no bills to pay. Home, in your square, with friends, is where everything is just right.

I wish I could keep little instant, add-water-and-stir Allemande Lefts in my pocket to use whenever I have the need. A recent TV commercial depicted a lady buying laughs, contented sighs, and such, in the form of little tokens from a store. I don't even remember the product they were trying to advertise. In my opinion those laughs and contented sighs pale in comparison to Yellow Rocks and Allemande Lefts. Just think about a TV commercial where someone is buying Do Sa Dos, Yellow Rocks, and Allemande Lefts. Unquestionably, the viewer would know the product is square dancing with its magic power of love.

Square dancing is more than an extracurricular activity for me, it is my release. Second only to prayer, it is my chance to shake out all the bad emotions and fill up on loving friendship that can sustain you through life's problems.

So, when you need a "pick me up that won't let you down", remember the magic of Allemande Lefts and be the first to square up.

Author Unknown